



# Prevent daily mind hacks

Remaining in control

# Notice

- What Is described is from teachings, understandings, realizations and life experience.
- Some items will speak, resonate or vibrate as truth for different people in different manners. Take what is useful for you.
- Dominators use the following information against you, counting on the fact that you have not integrated these understandings
- I made this presentation on iPod and iPad with KeyNote at the last minutes the day before HOPE, and during the conference. Be gentle.

# Why

- Exactly. Understand the WHY, the cause and effect of events
- Share simple occulted concepts and principles that are actively in effect in our daily lives, for the benefit and improvement of all and our societies

# Who is Botrax

- Computer and technology nut since Pre-puberty
- BBS operator for 9 years
- Radio host [www.RadioH2o.ca](http://www.RadioH2o.ca)
- Do or have done other things
- Just a guy. What I present is your divine right to know

# Items

- Fight or flight response
- Psychodrama triangle, emotion centrality
- Polarization & opposition
- Action centrality
- Past, present & future

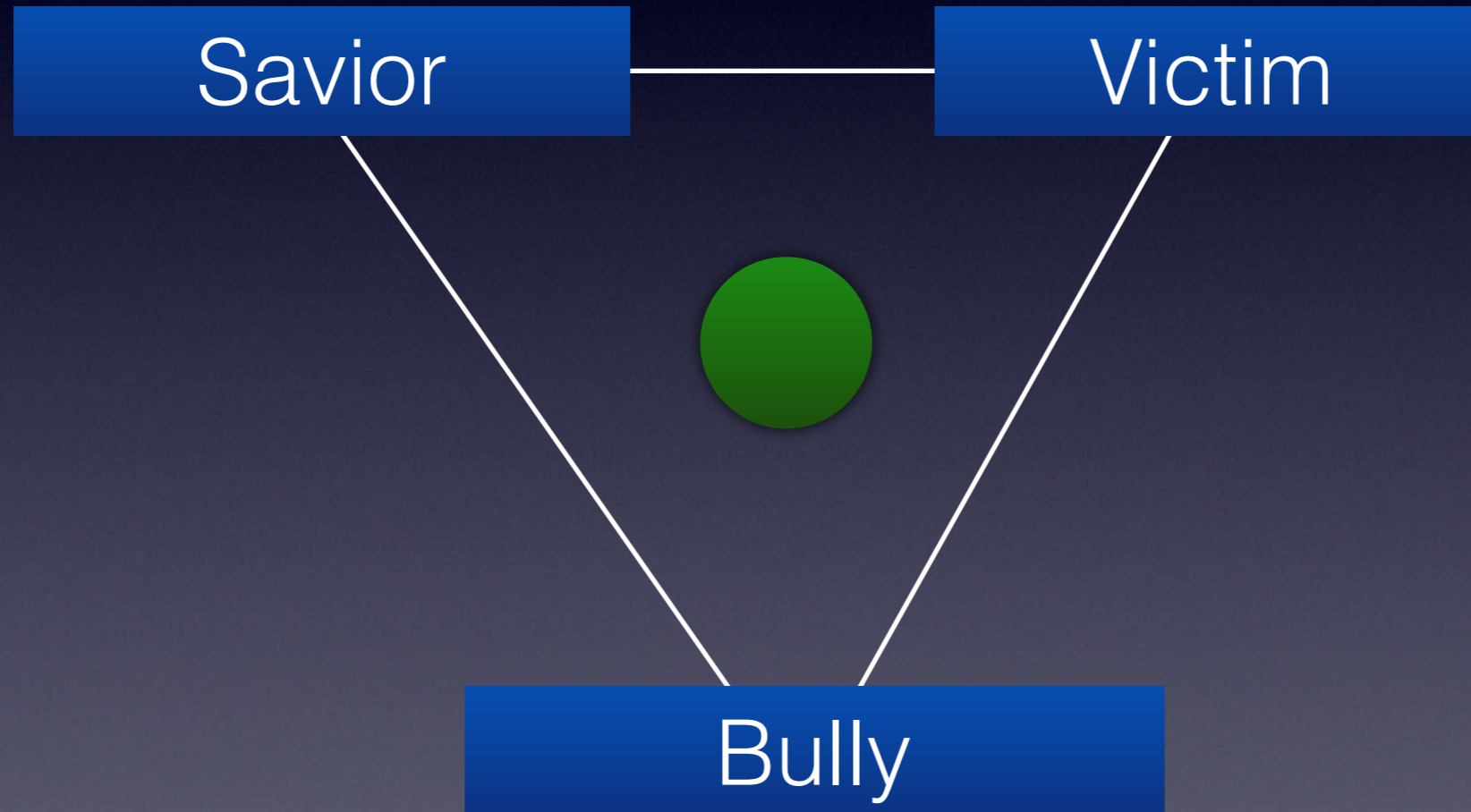
# Influences

- Marketing
- Media
- Scammers, tricksters, and nasty nasty nasty social hackers
- Those trapped in psychodrama triangle
- Psychological operations by dominators

# Fight or flight response

- Threat, fear or stress induced
- Blood redirected to limbs to fight or to run away
- Higher cognitive brain functions shut down, R-complex operates on instinct
- Stress can be caused by emotions. Good reason to balance emotions

# Emotions





# Polarisation

- Do you recognize this in yourself?
- You are always pushed to be polarized, take a position against another.
- You take a black or white position, no In between, in a false sense of belief security in something you do not fully comprehend. Purposefully confusing
- Divide and conquer method, have people **oppose** each other instead of cooperating on common goals

# Opposition is satanism

- Satan = described as "one who opposes". Look it up.
- When opposing, you are not ONE with another, therefore not ONE with the universe
- Understand yourself through others. Speak to them. Know yourself and you will understand the universe, and the gods
- You engage in satanism when you oppose instead of understanding and cooperating
- They want you to oppose, polarize, not know yourself, the universe nor the gods
- Undivide yourself first, your thoughts and actions must be one

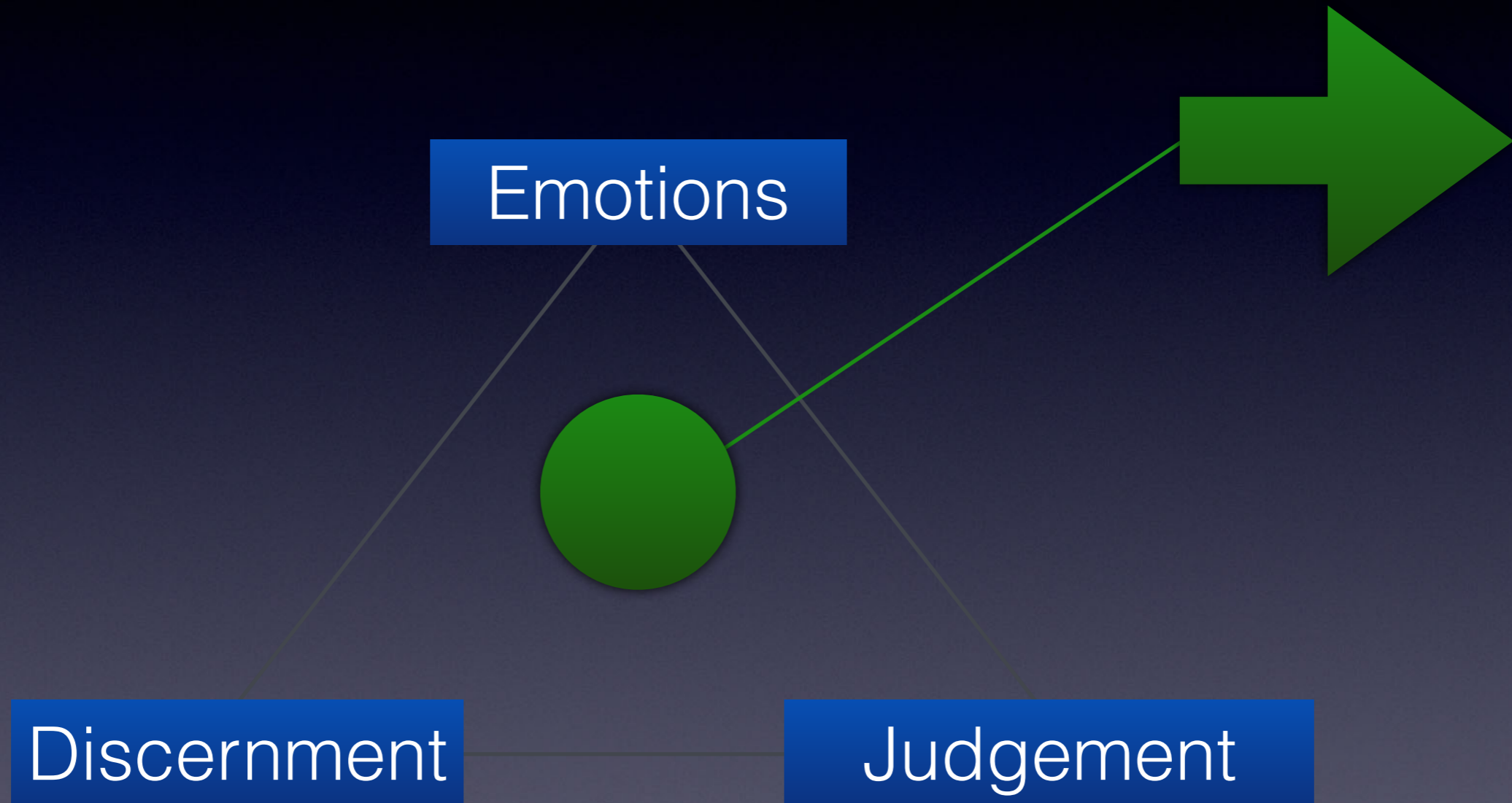
# Let go

- Stop perpetuating the psychodrama triangle.
- Stop feeding the emotional by letting go of the unimportant
- Even Naruto's message is to discontinue the cycle of hate and opposition. Think these writers are telling us something that they know also?
- Better to love than to be right
- What would love do in that situation?

# You, unified

- You must align yourself with your reality (lady example)
- Your heart, your thoughts and your actions must be one, undivided. You will be a creator god.
- Dominators understand this, that is why the universe helps them
- You are pushed to be divided within yourself. When you are, your life is likely to be crap
- Follow your heart, you will be happy, in abundance. (Mitch example)

# Balanced Actions



# Some research material

- Mark Passio  
[www.WhatOnEarthIsHappening.com](http://www.WhatOnEarthIsHappening.com) podcast
- Mark Passio "Free your mind 2011"
- Psychodrama triangle, Karpman triangle
- Divide and conquer method
- Your own experience

# Botrax

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